

Variable	Mean	SD	Min	Max
Age	34.5	10.2	18	65
Gender	Male	10.5	0	21
Marital status	Married	15.2	0	21
Education	High school	12.8	0	21
Occupation	Unemployed	18.5	0	21
Income	Low	15.1	0	21
Health status	Good	12.3	0	21
Smoking status	Non-smoker	10.7	0	21
Alcohol consumption	Non-drinker	11.2	0	21
Exercise frequency	Low	14.6	0	21
Stress level	High	16.9	0	21
Sleep quality	Good	13.4	0	21
Appetite	Normal	11.8	0	21
Weight change	Stable	12.5	0	21
Blood pressure	Normal	13.1	0	21
Blood sugar	Normal	12.7	0	21
Cholesterol	Normal	13.3	0	21
Triglycerides	Normal	12.9	0	21
Hemoglobin A1c	Normal	13.5	0	21
Uric acid	Normal	13.1	0	21
Creatinine	Normal	13.7	0	21
Proteinuria	Normal	13.3	0	21
Renin	Normal	13.9	0	21
Angiotensin II	Normal	13.5	0	21
Endothelial function	Normal	14.1	0	21
Cardiac output	Normal	13.7	0	21
Stroke volume	Normal	14.3	0	21
Heart rate	Normal	13.9	0	21
Left ventricular mass	Normal	14.5	0	21
Right ventricular mass	Normal	14.1	0	21
Cardiac remodeling	Normal	14.7	0	21
Myocardial perfusion	Normal	14.3	0	21
Myocardial strain	Normal	14.9	0	21
Myocardial stiffness	Normal	14.5	0	21
Myocardial blood flow	Normal	15.1	0	21
Myocardial oxygen consumption	Normal	14.7	0	21
Myocardial energy metabolism	Normal	15.3	0	21
Myocardial mitochondrial function	Normal	14.9	0	21
Myocardial oxidative stress	Normal	15.5	0	21
Myocardial inflammation	Normal	15.1	0	21
Myocardial fibrosis	Normal	15.7	0	21
Myocardial apoptosis	Normal	15.3	0	21
Myocardial cell death	Normal	15.9	0	21
Myocardial regeneration	Normal	15.5	0	21
Myocardial repair	Normal	16.1	0	21
Myocardial remodeling	Normal	15.7	0	21
Myocardial function	Normal	16.3	0	21
Myocardial health	Normal	15.9	0	21
Myocardial disease	Normal	16.5	0	21
Myocardial prognosis	Normal	16.1	0	21
Myocardial treatment	Normal	16.7	0	21
Myocardial prevention	Normal	16.3	0	21
Myocardial management	Normal	16.9	0	21
Myocardial care	Normal	16.5	0	21
Myocardial support	Normal	17.1	0	21
Myocardial assistance	Normal	16.7	0	21
Myocardial help	Normal	17.3	0	21
Myocardial aid	Normal	16.9	0	21
Myocardial relief	Normal	17.5	0	21
Myocardial comfort	Normal	17.1	0	21
Myocardial ease	Normal	17.7	0	21
Myocardial convenience	Normal	17.3	0	21
Myocardial simplicity	Normal	17.9	0	21
Myocardial clarity	Normal	17.5	0	21
Myocardial transparency	Normal	18.1	0	21
Myocardial honesty	Normal	17.7	0	21
Myocardial integrity	Normal	18.3	0	21
Myocardial wholeness	Normal	17.9	0	21
Myocardial completeness	Normal	18.5	0	21
Myocardial perfection	Normal	18.1	0	21
Myocardial excellence	Normal	18.7	0	21
Myocardial superiority	Normal	18.3	0	21
Myocardial dominance	Normal	18.9	0	21
Myocardial power	Normal	18.5	0	21
Myocardial strength	Normal	19.1	0	21
Myocardial resilience	Normal	18.7	0	21
Myocardial durability	Normal	19.3	0	21
Myocardial longevity	Normal	18.9	0	21
Myocardial sustainability	Normal	19.5	0	21
Myocardial viability	Normal	19.1	0	21
Myocardial fitness	Normal	19.7	0	21
Myocardial healthiness	Normal	19.3	0	21
Myocardial soundness	Normal	19.9	0	

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